



## Event Calendar

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### August 2024

#### 01 — Thursday

No events

#### 02 — Friday

No events

#### 03 — Saturday

09:00 — 14:00 Catalyst Strength Lift Off

#### 04 — Sunday

09:00 — 17:00 XGYM Break All Limits Open 4 - SOLD OUT!

#### 05 — Monday

No events

#### 06 — Tuesday

No events

#### 07 — Wednesday

No events

#### 08 — Thursday

No events

#### 09 — Friday

No events

#### 10 — Saturday

09:00 — 17:00 Warrior of the West VII

10:00 — 17:00 Heavy Metal Havoc

#### 11 — Sunday

No events

#### 12 — Monday

No events

#### 13 — Tuesday

No events

**14 — Wednesday**

No events

**15 — Thursday**

No events

**16 — Friday**

No events

**17 — Saturday**

No events

**18 — Sunday**

11:00 — 17:00 APA Darwin Open

**19 — Monday**

No events

**20 — Tuesday**

No events

**21 — Wednesday**

No events

**22 — Thursday**

No events

**23 — Friday**

No events

**24 — Saturday**

No events

**25 — Sunday**

No events

**26 — Monday**

No events

**27 — Tuesday**

No events

**28 — Wednesday**

No events

**29 — Thursday**

No events

**30 — Friday**

No events

**31 — Saturday**

No events

## September 2024

### 01 — Sunday

No events

### 02 — Monday

No events

### 03 — Tuesday

No events

### 04 — Wednesday

No events

### 05 — Thursday

No events

### 06 — Friday

No events

### 07 — Saturday

09:00 — 17:00 Power Pals (Special Event) - SOLD OUT!

### 08 — Sunday

No events

### 09 — Monday

No events

### 10 — Tuesday

No events

### 11 — Wednesday

No events

### 12 — Thursday

No events

### 13 — Friday

No events

### 14 — Saturday

No events

### 15 — Sunday

11:00 — 16:00 Strength In Solidarity

### 16 — Monday

No events

**17 — Tuesday**

No events

**18 — Wednesday**

No events

**19 — Thursday**

No events

**20 — Friday**

No events

**21 — Saturday**

No events

**22 — Sunday**

No events

**23 — Monday**

No events

**24 — Tuesday**

No events

**25 — Wednesday**

No events

**26 — Thursday**

No events

**27 — Friday**

No events

**28 — Saturday**

09:00 — 17:00 All In Barbell: Strength Trials

**29 — Sunday**

No events

**30 — Monday**

No events

**October 2024**

**01 — Tuesday**

No events

**02 — Wednesday**

No events

**03 — Thursday**

No events

**04 — Friday**

No events

**05 — Saturday**

08:30 — 19:00 Powermania - SOLD OUT!

18:00 — 21:00 Night of Champions II (Invitational)

**06 — Sunday**

09:00 — 19:00 Sunshine Coast Open

**07 — Monday**

No events

**08 — Tuesday**

No events

**09 — Wednesday**

No events

**10 — Thursday**

No events

**11 — Friday**

No events

**12 — Saturday**

No events

**13 — Sunday**

No events

**14 — Monday**

No events

**15 — Tuesday**

No events

**16 — Wednesday**

No events

**17 — Thursday**

No events

**18 — Friday**

No events

**19 — Saturday**

12:00 — 16:00 Beyond The Grave (Bench Only)

**20 — Sunday**

10:00 — 17:00 AUPC Powerlifting Open

### **21 — Monday**

No events

### **22 — Tuesday**

No events

### **23 — Wednesday**

No events

### **24 — Thursday**

No events

### **25 — Friday**

No events

### **26 — Saturday**

09:00 — 19:00 SBD Australia Cup - SOLD OUT!

### **27 — Sunday**

No events

### **28 — Monday**

No events

### **29 — Tuesday**

No events

### **30 — Wednesday**

No events

### **31 — Thursday**

No events

## **November 2024**

### **01 — Friday**

No events

### **02 — Saturday**

09:00 — 19:00 Hunter Showdown III

### **03 — Sunday**

09:00 — 19:00 Hunter Showdown III

### **04 — Monday**

No events

### **05 — Tuesday**

No events

**06 — Wednesday**

No events

**07 — Thursday**

No events

**08 — Friday**

No events

**09 — Saturday**

09:00 — 19:00 Volunteer Open (Special Event)

10:00 — 19:00 Perf Cup II (Special Event Component)

11:00 — 17:00 Stronghold Strength Showdown I

**10 — Sunday**

08:00 — 17:00 Volunteer Cup (Special Event Component)

**11 — Monday**

No events

**12 — Tuesday**

No events

**13 — Wednesday**

No events

**14 — Thursday**

No events

**15 — Friday**

No events

**16 — Saturday**

09:00 — 14:00 Raw Strength Championships 9

**17 — Sunday**

No events

**18 — Monday**

No events

**19 — Tuesday**

No events

**20 — Wednesday**

No events

**21 — Thursday**

No events

**22 — Friday**

No events

### **23 — Saturday**

09:00 — 17:00 Warrior of the West VIII

### **24 — Sunday**

No events

### **25 — Monday**

No events

### **26 — Tuesday**

No events

### **27 — Wednesday**

No events

### **28 — Thursday**

No events

### **29 — Friday**

No events

### **30 — Saturday**

09:00 — 15:00 APA Inaugural Quiet Focus Competition

## **December 2024**

### **01 — Sunday**

No events

### **02 — Monday**

No events

### **03 — Tuesday**

No events

### **04 — Wednesday**

No events

### **05 — Thursday**

No events

### **06 — Friday**

No events

### **07 — Saturday**

No events

### **08 — Sunday**

No events



**09 — Monday**

No events

**10 — Tuesday**

No events

**11 — Wednesday**

No events

**12 — Thursday**

No events

**13 — Friday**

No events

**14 — Saturday**

No events

**15 — Sunday**

No events

**16 — Monday**

No events

**17 — Tuesday**

No events

**18 — Wednesday**

No events

**19 — Thursday**

No events

**20 — Friday**

No events

**21 — Saturday**

09:00 — 17:00 MD Strength Slam Down

**22 — Sunday**

No events

**23 — Monday**

No events

**24 — Tuesday**

No events

**25 — Wednesday**

No events

**26 — Thursday**

No events

**27 — Friday**

No events

**28 — Saturday**

No events

**29 — Sunday**

No events

**30 — Monday**

No events

**31 — Tuesday**

No events